

'I chose the Waterfall Day Spa specifically because of their gorgeous organic skin care range - it is beautiful! I love the fact that I'm feeding my skin with ingredients I would eat!' Rachael Bermingham author of Read My Lips, 4 Ingredients, How to write your own book & make it a bestseller. www.RachaelBermingham.com

Best Wishes

Rachael



Rachael with son Jaxson

Bestselling Author, Speaker & proud Mum!

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Rachael's bestselling books.....



destined to achieve great things but just don't what those amazing things are or how to achieve their success in life, health and wealth. This is Rachael's first co-authored & first self published book. Available at www.ReadMyLips.com and all good bookstores.

4 Ingredients Cookbooks – The **BEST**selling cookbooks in Australia! **Quick, easy and delicious** recipes using 4 ingredients or fewer ingredients. Available at www.4ingredients.com.au and all bookstores.

How to write your own book & make it a BESTSELLER! – If you **have always wanted to write a** bestselling book then this practical and easy to follow book will take you step by step through the process. Available through www.RachaelBermingham.com and in bookstores from March 30th 2009.

Keynote Speaking - Rachael is a inspirational speaker covering topics such as how to make an income from home, writing and promoting your own book, life balance, time management, achieving success, goal setting and planning, marketing and business success. Book her at www.RachaelBermingham.com